MADISON COUNTY RURAL HEALTH COUNCIL

2662 ROUTE 20, EAST (UNIT 1)
CAZENOVIA, NY 13035

OFFICE PHONE:
(315) 815-4141

EMAIL:
MCRURALHC14@GMAIL.COM

WEBSITE:
WWW.MCRURALHEALTHCOUNCIL.ORG

SCAN ME!

Take Care of Your MENTAL HEALTH

EMERGENCY SERVICES

National Suicide Prevention Hotline
988
Emergency Services
911
CPEP
(Comprehensive Psychiatric Emergency Program)
315-448-6555
Help Restore Hope Center
- Domestic and Sexual Violence Hotline
855-966-9723 or 315-251-0800
Madison County Crisis Line
315-366-2327
Mobile Crisis Assessment Team (MCAT)
844-732-6228
Teen Lifeline
800-248-TEEN (8336)
Trevor Project
866-488-7386 or text - START 678-678

TEEN MENTAL WELLNESS RESOURCES

SUBSTANCE USE RESOURCES

Addiction Crisis Center
315-735-1116
BRIDGES/MCCASA
315-697-3947
Central Region Addiction Resource Ctr.
315-697-3947
SAMHSA'S National Helpline
800-662-HELP (4357)
The Turning Point (FOR-DO)
607-373-3825

MENTAL HEALTH RESOURCES

NAMI of NY State
518-245-9160
NAMI Hotline
518-248-7634

CHILDREN & YOUTH RESOURCES

Liberty Resources
315-697-5200
National Runaway Safeline
1-800-621-4000

DOMESTIC VIOLENCE, ABUSE, & SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline
1-800-4-A-CHILD (1-800-422-4453)
National Domestic Violence Hotline
1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)
National Sexual Assault Hotline
1-800-656-HOPE (4673)
RAINN (Rape, Abuse & Incest National Network)
1-800-656-HOPE (4673)
www.rainn.org

OUTPATIENT MENTAL HEALTH PROVIDERS

Chenango County Mental Health
607-337-1800
Family Counseling Services
315-280-0400
Helio Health
315-471-1564
Liberty Resources
315-697-5200
Madison County Mental Health
315-366-2327
Oneida Indian Nation Behavioral Health Services
315-829-8760
Ophelia's Place (Eating Disorders)
315-451-5544

MORE RESOURCES

Visit our website:
www.mcruralhealthcouncil.org
and search "Local Resources" for more community resources.

SCAN ME

LGBTQIA+ SUPPORT RESOURCES

CNY Pride, Inc.
315-366-2211
LGBT National Help Center
1-888-843-4564
https://lgbthotline.org
LGBT National Youth Talkline
1-800-246-PRIDE (1-800-246-7743)
www.https://lgbthotline.org
The Q Center at ACR Health
www.acrhealth.org/youth-programs/
Trevor Project Crisis Line – LGBTQ Youth
1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

SELF-HELP RESOURCES & GROUPS

Alcoholics Anonymous
www.aa.org/pages/en_US/find-aa-resources
Nar-Anon Family Groups
www.nar-anon.org/find-a-group
Narcotics Anonymous
1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch
National Domestic Violence Hotline
www.al-anon.alateen.org/local-meetings
National Domestic Violence Hotline
www.draonline.org

OTHER COMMUNITY AGENCIES

Community Action Partnership for Madison Co.
Morrisville Office: (315) 684-3144
Canastota Office: (315) 697-3588
United Way 2-1-1 MidYork
Dial 211